

Health care coverage when you are traveling abroad

As a Highmark member, you may have the ability to take your health care benefits with you when you travel outside of the United States.¹ Through the Blue Cross Blue Shield Global® Core program, you have access to health care resources around the world.

To take advantage of the program:

- Always carry your current Highmark member ID card. Download the BCBS Global Core program app for Apple and Android devices for convenient access to supporting tools and resources.
- Before you go, contact Member Service at the number on the back of your Highmark member ID card for benefits and coverage details.
- If you need to locate a doctor or hospital, you can search for providers at bcbsglobalcore.com or call the BCBS Global Core Service Center (see the reverse side of this flyer).
- If you need inpatient care, call the BCBS Global Core Service Center to arrange direct billing. In most cases, you won't need to pay upfront for inpatient care except for out-of-pocket expenses (non-covered services, deductible, copayment, and coinsurance).
- In addition to contacting the BCBS Global Core Service Center, call Highmark at the number on the back of your member ID card for inpatient authorizations. *Note: This is a different phone number than those listed below.*
- If direct payment hasn't been arranged, you may need to pay upfront and submit a claim for reimbursement. Complete and submit a BCBS Global Core international claim form or submit your claim online at bcbsglobalcore.com or through the BCBS Global Core mobile app.

In an emergency, go directly to the nearest hospital.



¹ Based on your plan, exclusions may apply and coverage may differ (copays, deductibles, coinsurance, etc.).

To learn more about Blue Cross Blue Shield Global® Core:

- Visit **bcbsglobalcore.com**.
- Call Member Service at the phone number on the back of your member ID card.
- Call the BCBS Global Core Service Center at one of the toll-free numbers:
1-800-810-BLUE (2583) | 1-877-547-2903 | Collect: 1-804-673-1177
- Download the BCBS Global Core program app for Apple and Android devices at **bcbsglobalcore.com/home/mobileapp** (rates from your wireless provider may apply).



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The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。